

Meseret Asfaw, DNP, PMHNP-BC, APRN, MSHI, RN, is a board-certified psychiatric mental health practitioner with more than two decades of nursing expertise. Her career in healthcare began as a nurse working at the patient's bedside. Later, she became a nurse educator. As a practitioner, she offers evidence-based, patient-centered care to people of all ages, including children, adolescents, and adults, as well as geriatric psychiatry, and medication management for conditions such as depression, anxiety, bipolar disorder, trauma-related issues, and other mental health concerns.

Her goal is to deliver compassionate care while promoting a collaborative and personalized approach. She understands that everyone is unique and deserving of respect and sensitivity. She seeks to provide a safe and supportive environment where you feel heard, valued, and empowered to achieve your mental health objectives. She treats you with dignity, caring, compassion, and respect. She prioritizes the privacy and safety of her clients.

In her spare time, she enjoys spending time with her family, connecting with nature, gardening, walking, cooking, reading, and traveling.

Meeting Link: <https://doxy.me/NPMAsfaw>

