Seniors

NIH complementary and alternative treatment: https://www.nccih.nih.gov/

MC government resources:
https://www.montgomerycountymd.gov/senior/health.html

MC Directory of senior service providers: http://growsmc.org/Directory

PG provider Directory: https://www.pgspn.org/page-18087

Information: free drug discount card, resources on health care costs.
https://www.needymeds.org/

Help with disputed insurance claims and assistance with medication costs:
https://www.patientadvocate.org/

Information and assistance with Maryland's Health Benefit Exchange:
https://www.marylandhealthconnection.gov/

Information and assistance with the District's Health Insurance Marketplace:
https://www.dchealthlink.com/

Federally run health benefit exchanges/marketplaces, including Virginia:
https://www.healthcare.gov/